



### Who can I tell?

- Family
- Friends
- Teachers
- Teaching Assistants
- Mr Trickett

### How should I behave online?

**S** safe-secure-sensible

**M** mature-minimize-mindful

**A** appropriate-accountable-actions

**R** rules-restrictions-respectful

**T** trustworthy-tell-thoughtful

## Contacts

### Headteacher

Mr Matthew Trickett

### Designated Safeguarding Lead

Mr Matthew Trickett

### Deputy Safeguarding Leads

Mrs Vanessa Hale

Miss Jessica Pearce

### E-Safety Lead

Mrs Anna Harmse

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C • E SCHOOL

## E-Safety for pupils



### Why is it important?

We all like to use the internet and talk to others online, but do you know the rules you need to follow to keep safe?

There are many risks from using the internet. Some of these include cyber bullying, grooming, breaching privacy and losing personal information, but, there are many more.

Staying safe online isn't just important for you—when using sites, you need to think about what you're saying about, or to, other people.

### The risks explained

- **Cyber bullying** – bullying others online; this can be posting or sending unkind messages, photos and videos, for example.
- **Grooming** – someone trying to gain trust from a person so they can sexually abuse or exploit them.
- **Sexting** – sending a sexual or inappropriate text, image or video.
- **Exploitation** – a type of sexual abuse where someone might trick another person by making them believe they are in a loving relationship. This can also involve giving gifts, money or affection in return for sexual activities.
- **Radicalisation** – pressurising others into supporting extreme religious beliefs or hate crime.

Posting **personal information**, such as your full name, address and phone number, is also risky as this can be lost and someone else can have access to it. This also includes pictures and videos, and not just of yourself, but of others, too.



Remember: these are only some of the most important risks.

There are plenty more and you need to use your judgement to decide what is safe and what's not.

## Who is responsible for E-safety in school?



Mr Trickett



Mrs Harmse



Every member of staff



YOU!

I have a concern, what do I do?

It's really important that if you feel threatened you speak to someone. This could be your parents, your teachers or your friends – mostly importantly, someone you trust.

You might want to ask a staff member to sit with you in a quiet area of the school so you can tell them in private. Staff members will not ask you questions, but will listen to what you want to say. It's important not to be scared to speak to someone.

If you tell someone, you can get the right help and support, and we can make sure that you feel safe again. This doesn't have to be a concern about your safety, it could be that someone has told you something that's made you worried, or you've noticed the signs talked about before.

## Staying safe: top tips

Use the tips below to help you stay safe online and make sure you're using the internet correctly:

- Treat others how you would like to be treated. If you wouldn't say something to someone in person, don't say it online either.
- Make sure you're aware of how your messages might come across to others.
- Don't spread rumours or gossip about people.
- Don't post things that will upset someone. Make sure you think before you post anything.
- Respect other people's privacy.
- Use websites you know are safe.
- Don't talk to anyone you don't know, or arrange to meet them.
- Keep an eye out for unusual pop-ups, adverts or downloads. Don't open them if you think they aren't trustworthy.
- Don't give out personal information about you, your friends or your family to anyone you don't know.
- Only use social networking sites that you are old enough to use – age limits are there for a reason.
- Speak to an adult if something worries you or makes you feel uncomfortable.

